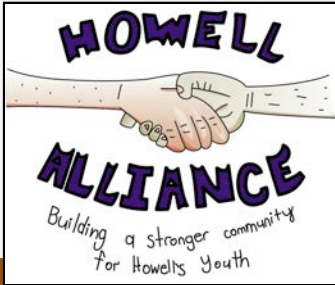


PREVENTION PRESS

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Volunteers of the Howell Alliance strive to build a stronger community for a better tomorrow through substance abuse prevention, education, and awareness, with a focus on Howell's youth.



IN THE NEWS

Visit NJ Cares, <https://www.njcares.gov>, a real-time dashboard of opioid-related data and information for NJ and Monmouth County.

NEW! "Friends of the Alliance" think tanks will be the 1st Monday of every quarter, 7 p.m. at Echo Lake. No Alliance committee membership is necessary to participate. Just share your ideas and your voice to enrich our community commitment to substance abuse prevention!

Substance Abuse Prevention, Treatment, and Recovery Community Awareness at Howell Day



Through Howell Day festivities of pumpkin smashing, water balloon throwing, beach ball tossing, and music from local teen talent, the Howell Alliance, CFC Loud N Clear Foundation, and Howell High School volunteers came together to deliver a collaborative, hopeful community message of substance abuse prevention,

treatment, and recovery as part of everyday life—with a focus on fun and candid conversations.

The Howell Alliance partners with our town's schools, police, government, businesses, and civic organizations to prevent substance abuse, smoking, and alcoholism—as well as other at-risk behaviors—through public awareness, education, and programs as part of the Governor's Council on Alcoholism and Drug Abuse (GCADA).

CFC Loud N Clear Foundation is a grassroots, 501c3 nonprofit recovery community organization that strives to rebuild lives in the wake of addiction, heal family relationships, and create a recovery-sensitive and recovery-supportive community through peer-driven and operated programs. For more information, visit www.healingus.org.



Special thanks to Joseph Cantaffa of Howell High School and Corporal Michael Pavlick of the Howell Police Department for their countless hours spent bringing the first annual I AM Talented

Teen Music Festival to life...with great success! The Alliance appreciates Howell High School Principal Jeremy Braverman's willingness to share his school's equipment and talented Entertainment Technology students.

To learn more about Corporal Pavlick, Howell High School's SRO, turn to page 2's feature article, "Meet Howell's School Resource Officers."

Mr. Cantaffa is the music and production teacher for Freehold Regional High School District's FPAC program at Howell High School and is the CEO/director of The RockNRoll Chorus, a nationally-acclaimed a cappella, arena-style touring show. Mr. Cantaffa's Entertainment Technology (FPAC) students from Howell High School ran production and provided live event support for the day-long music festival.



Don't miss:

Pages 2/3:
"Meet Howell's School Resource Officers"
Back Cover:
"HOPE One Mobile Recovery Unit Visits Howell Day" and "What Is Addiction? Must-Watch Video!"

**Meet Howell's Student
Resource Officers:
Officer Maureen McBride,
Officer Jayme Higgins,
& Corporal Michael Pavlick**

***The Vital Role of a
School Resource Officer***

"I know her!" An elementary student enthusiastically grabbed several copies of the last *Prevention Press* issue from the Alliance's Howell Day table. Grinning, the student pointed to a cover photo of Howell Township Police Department's Maureen McBride, a school resource officer (SRO) for the Howell Township Public School District since 2005. "She is my friend!"

Until this September's addition of new SRO Jayme Higgins, McBride was the sole SRO for the Howell Township Public School District (K-8th grades) since the district's school reconfiguration 2 years ago. At Howell High School, Corporal Michael Pavlick became SRO in April after Corporal Kevin Steinard retired from the position. Steinard had been an SRO in the K-8 school district prior to moving to the high school.

Beyond their duties as police officers ensuring school security and the safety of staff and students, SROs serve as mentors, educators, role models, and negotiators. SROs build rapport with students in school and in the community and take specific training to fulfill their specialized position. They also receive the same shooting and tactical training as other officers so they are prepared at all times, should an incident arise.

**Officer Maureen McBride,
Howell Public Schools**



A well-known figure in the schools and community, Officer Maureen McBride has been a SRO for about 13 years. A life-long resident of Howell, McBride fulfilled her dream of being sworn in as a full-time police officer in her hometown in 2002. Her career in law enforcement started at the age of 17 as a

Howell Police Explorer, then a Class I Special Officer in Spring Lake and a Class II Special Officer in Manasquan.

"My favorite part of my job as an SRO is getting to know the kids in our community and serving as a positive role model for today's youth. I love that I get to have interaction with the kids as early as kindergarten and will continue to develop lasting relationships as they get older, which I hope will help them make safe, healthy choices," shares McBride. "The hardest part of my job is having to tell parents that their child is going through a difficult time, or breaking the unfortunate news that a child is dealing with substance abuse, behavioral concerns, or self-harm."

McBride holds a Master of Public Administrations from Fairleigh Dickinson University and is a certified L.E.A.D. (Law Enforcement Against Drugs) instructor and member of the NJ Association of School Resource Officers.

In addition to her SRO duties, McBride is a liaison officer for the Howell Township Domestic Violence Response Team, a Howell Police Explorers/Howell PAL Youth Leadership Council advisor, a member of the Howell Police Honor Guard, and a member of the Howell Municipal Alliance.

"I'm super happy Officer Higgins is part of our unit, and I am sure he will be a huge asset," says McBride. Officer McBride covers Middle School South, Greenville, Ramtown, Newbury, Taunton, and Aldrich schools.

Officer Jayme Higgins, Howell Public Schools



Officer Jayme Higgins joined the Howell Police Department in 2003 and served in patrol until September. Prior to his start in Howell, Higgins was a Class I Special Officer in Bradley Beach for 3 years. Higgins grew up in Howell since the age of 3 and went to Ramtown

School and Middle School North. While at Howell High School, he also attended the Monmouth County Vocational School District's Law Enforcement Program.

Higgins' love of police work started as a Howell Police Explorer from 1997 to 2003, where he held ranks of sergeant, lieutenant, and captain. He is now an associate advisor for the Howell Police Explorers and has attended 3 state explorer academies and one national law enforcement explorer conference.

Higgins is a certified field training officer and is certified to teach handcuffing, expandable baton, Below 100, pepper spray, MRAP driving, UTM training ammunition, and rapid response to active shooter instruction. He is also a certified L.E.A.D. instructor.

"My favorite part of this job is seeing kids smile when they see a police officer they know and remembering what I thought when I was that age. I completed bus safety classes, and within one day, the students were calling me by name and saying hello," says Higgins. "The hardest part of my job is not being able to be everywhere at once."

Higgins says he has always been a tactical officer and focused mainly on educating officers to stay safe. "I look forward to combining my love for educating others and my tactical mindset to the schools in my community to help ensure a safer educational environment." Officer Higgins covers Middle School North, Adelpia, Ardena, Griebing, Memorial, and Land O' Pines schools.

Corporal Michael Pavlick, Howell High School



Corporal Michael Pavlick, a lifetime Howell resident, was hired by the Howell Police Department in 1995. He fulfilled assignments with the K9 Unit alongside his German Shephard, Nero, and with the Crime Suppression Unit as a plain-clothes narcotics detective. In

April 2018, he became part of the department's Community Services Unit and Howell High School's SRO. Over the summer, he completed a week of training at SRO school.

To Pavlick, the three main points of his job as an SRO are building security and oversight of fire and lockdown drills, assisting in handling situations involving students and possible crimes while in school, and bridging the gap between who police officers are and students' perceptions of the police.

"By going into the classrooms and presenting on a variety of topics—my favorite part of the job—I can educate the students as to why police officers handle situations the way we do to make for better understanding and less problems should they encounter the police in their daily lives," explains Pavlick. "The hardest part of my job is combating how some media outlets portray the police, showing a short clip that paints the officer in a bad light instead of showing the entire context. I tell students to watch the whole video to educate themselves and form their own opinions. I enjoy talking with the students, and I try to keep an honest, open dialogue with them, which they appreciate."

This October, Pavlick is being honored as the Howell Chamber of Commerce's 2018 Citizen of the Year. He is also chairperson of the Howell Alliance and was Howell Police Department's 2017 Officer of the Year.

HOPE One Mobile Recovery Unit Visits Howell Day

The HOPE One mobile outreach unit, launched August 7th by the Monmouth County Sheriff's Office, came to Howell Day—the unit's first weekend event in Monmouth County. HOPE One offers mobile treatment and recovery support in Monmouth County municipalities in an effort to save lives from drug overdoses and combat the opioid epidemic, bringing with it a peer recovery specialist, a licensed clinician, and a sheriff's officer to help connect individuals and concerned loved ones with treatment and recovery options and resources, as well as Naloxone training.

From January 1st through September 2018, NJ reported 2,194 overdose deaths and 10,763 Naloxone administrations; Monmouth County reported 159 suspected overdose deaths and 618 Naloxone administrations (<https://www.njcares.gov>).



“Did you know?”...Over 20 million people in the U.S. suffer from addiction, and each day, 415 lives are lost to drug overdoses and alcohol-related deaths. “What Is Addiction?” at <https://www.cadca.org/news/what-addiction-video> is an informative quick-watch about the inner workings of addiction.

ANONYMOUS TEXT-A-TIP



“Committed to Community”

Howell Police Anonymous
Community Tip Line Available 24/7:

Report suspicious activity at www.p3tips.com
or download the P3 Tips app today!

Community Substance Abuse Assistance:

Howell Municipal Alliance: 732-938-4500 ext. 4012

Howell Police: 732-938-4575 ext. 2237

Monmouth County prevention and treatment resources list:
www.twp.howell.nj.us/DocumentCenter/View/1412

Jeanna Ribon, Howell School District SAC (K-8): 732-919-0095 ext. 8204

Camille Mussari, Howell High School SAC: 732-919-2131 ext. 4035

NJ Connect: 855-652-3737; Partnership for Drug-Free Kids

Parent Helpline: 855-378-4373

2nd Floor Youth Helpline: 888-222-2228 (text or call)

CFC Loud N Clear Foundation, 833-300-4673, www.healingus.org



Empty your medicine cabinet and save a life! Drop unwanted prescriptions in the Project Medicine Drop box at the Howell Police Department. Anonymous and available 24-7.

www.njconsumeraffairs.gov/meddrop/



GCADA
Governor's Council on
ALCOHOLISM & DRUG ABUSE

The mission of the Howell Alliance is to collaborate with our citizens, schools, town government, police, businesses, and local organizations to prevent substance abuse, underage drinking, alcoholism, and tobacco use through public awareness, education, outreach resources, and the promotion of life skills and positive choices.

BE PART OF THE SOLUTION!

**Alliance meetings: 3rd Tuesday of month,
12:30 pm, Howell Municipal Building**

**Friends of the Alliance think tanks:
1st Monday of quarter, 7 pm, Echo Lake**

**For more information, visit
www.twp.howell.nj.us,
“Departments,” and “Municipal Alliance.”**

The Howell Township Municipal Alliance does not endorse and is not responsible for any resources referred or the services these resources provide. This publication is for informational purposes only.

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