

Alzheimer's Seminars to be hosted at the Howell Senior Center- Presented by the Alzheimer's Association

Howell Senior Services will be hosting a 4 week Alzheimer's Seminar with the Alzheimer's Association. The seminars will be held on 4 consecutive Thursdays in June from 5:30-7:30PM at the Howell Senior Center. Light refreshments will be served. The presenter will be Alzheimer's Association Program Coordinator, Nicolette Vasco.

Registration is required to attend the seminar.

Please call Ann Albano at 732-938-4500 ext. 2553 to register.

Below is the list of topics that will be covered on each date:

Thursday, June 6:

5:30PM- The 10 Warning Signs of Alzheimer's

6:30PM- Memory Loss, Dementia & Alzheimer's

Thursday, June 13:

5:30PM- Understanding & Responding to Dementia-Related Behavior

Thursday, June 20:

5:30PM- Dementia Conversations

6:30PM- Effective Communication Strategies

Thursday, June 27:

5:30PM- Coping Strategies and Resources

John Callinan-Elder Law Attorney will discuss a variety of topics related to planning, POA, Long Term Care Planning, etc.

Representatives from Clayton McGirr Funeral Home will discuss pre-need options.

Fran Pannella-Director of Alzheimer's Respite Program for Caregivers of Central Jersey

Joel Dohany from Towne Nursing (Home Healthcare Agency)

Bernie Branz from Right at Home (Home Healthcare Agency)

Representatives from Allaire Care (Adult Day Program)

Paula Douglass from Bella Terra (Independent, Assisted Living & Memory Care)

Brittney Franco from Brandywine Senior Living (Assisted Living & Memory Care)

Liz L., a local caregiver, will also share her personal experience and insights.

10 WARNING SIGNS OF ALZHEIMER'S

An education program presented by the Alzheimer's Association®



Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Join us to learn about 10 common warning signs and what to watch for in yourself and others.

The one-hour program covers:

- » Typical age-related changes.
- » Common warning signs of Alzheimer's.
- » How to approach someone about memory concerns.
- » Early detection, the benefits of a diagnosis and the diagnostic process.
- » Alzheimer's Association resources.

Thursday, June 6 | 5:30 p.m.
Howell Senior Center
251 Preventorium Road
Howell NJ 07731
RSVP at 732-938-4500 x2553

Visit alz.org/CRF to register online and explore additional education programs in your area.

alzheimer's  association®

UNDERSTANDING ALZHEIMER'S AND DEMENTIA

An education program presented by the Alzheimer's Association®



ALZHEIMER'S IS NOT NORMAL AGING.

It's a disease of the brain that causes problems with memory, thinking and behavior.

Join us to learn about:

- » The impact of Alzheimer's.
- » The difference between Alzheimer's and dementia.
- » Alzheimer's disease stages and risk factors.
- » Current research and treatments available to address some symptoms.
- » Alzheimer's Association resources.

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