









# January 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<u>1</u>  <b>CENTER CLOSED</b>	<u>2</u> AM—Homebound Shoppers 10:30—11:30—ESL 10:30—Bereavement Group 1—Movie at Library 1—Tangled Thread	<u>3</u>  <b>NUTRITION OPEN</b>	<u>4</u>
<u>5</u>	<u>6</u> 9:45—12:30—Haircuts with Danette 10—12—Centrastate BP/ Glucose screening 10—Rummikub 11—Exercise 1—Craft Class 1—Ceramics 1—Bingo 	<u>7</u> 10 & 1—Ceramics 10—Card Class Noon—3—SHIP appts. 1—Shoprite	<u>8</u> 10 & 1—Ceramics 11—Exercise 1:15—Chair Yoga 1:15—Pokeno	<u>9</u> AM—Homebound Shoppers 10:30—ESL 10:30— <b>NO</b> Caregivers Group 1—Movie at Library 1—Tangled Thread	<u>10</u> Asbury Senior Center Friendship Bingo   <b>NUTRITION CLOSED</b>	<u>11</u>
<u>12</u>	<u>13</u> 10—Rummikub 11—Exercise 1—Craft Class 1—Ceramics 1—Bingo	<u>14</u> 10 & 1—Ceramics 10—Card Class Noon—3—SHIP appts. 1—Walmart	<u>15</u> 10 & 1—Ceramics 11—Exercise 1:15—Chair Yoga 1:15—Pokeno 	<u>16</u> AM—Homebound Shoppers 10:30—Caregivers Group 10:30—11:30—ESL 1—Movie at Library 1—Legal Services 1—Tangled Thread	<u>17</u> 9—4—AARP Safe Driving Program 11—Trip to Golden Corral  <b>NUTRITION CLOSED</b>	<u>18</u>
<u>19</u>	<u>20</u>  <b>CENTER CLOSED</b>	<u>21</u> 10 & 1—Ceramics 10—Card Class 11—Preventative Screenings for Health & Wellness Noon—3—Ship appts. 1—Shoprite 1:30—Tai—Chi Class 	<u>22</u> 10 & 1—Ceramics 11—Exercise 1:15—Chair Yoga 1:15—Pokeno	<u>23</u> AM—Homebound Shoppers 10:30—Bereavement Group 10:30—11:30—ESL 10:30—Memorial Elementary Bingo 1—Movie at Library 1—Tangled Thread	<u>24</u> 11—Celebrate NJ Program 	<u>25</u>
<u>26</u>	<u>27</u> 10—Rummikub 11—Exercise 1—Craft Class 1—Ceramics 1—Bingo	<u>28</u> 10 & 1—Ceramics 10—Card Class Noon—3—Ship appts. 1—Stop & Shop 1:30—Tai—Chi Class	<u>29</u> 10 & 1—Ceramics 11—Exercise 1:15—Chair Yoga 1:15—Pokeno	<u>30</u> AM—Homebound Shoppers  10:30—Caregivers Group 10:30—11:30—ESL 10:30—1—Monthly Birthday Party 1—Movie at Library 1—Tangled Thread	<u>31</u> 10:30—Ocean County Mall Trip  <b>NUTRITION OPEN</b>	

## Howell Senior Services Member Information Sheet

With so many members registered at the senior center, we are asking that you please take a moment to fill out this info sheet and give it to Nichole so that she can make sure that all our information is accurate on our Master Client list. This information is helpful in case of emergencies as well as if you are on stand-by for a program.

\_\_\_\_\_  
Last Name:

\_\_\_\_\_  
First Name:

\_\_\_\_\_  
Complete Address (Street, City, & Zip Code):

\_\_\_\_\_  
Primary Phone # you want us to use:

\_\_\_\_\_  
Secondary Phone # you want us to use:

\_\_\_\_\_  
Emergency Contact #1 (Name, Relationship, & Number)

\_\_\_\_\_  
Emergency Contact #2 (Name, Relationship, & Number)

\_\_\_\_\_  
Today's Date: