

## ALLERGIES

- SUDDEN ONSET OF SYMPTOMS
- ITCHY WATERY EYES
- ITCHY RUNNY NOSE
- SNEEZING
- NASAL CONGESTION
- POSTNASAL DRIP

## COVID-19

- COUGH
- SHORTNESS OF BREATH
- DIFFICULTY BREATHING
- FEVER
- CHILLS
- REPEATED SHAKING WITH CHILLS
- MUSCLE PAIN
- HEADACHE
- SORE THROAT
- LOSS OF TASTE OR SMELL

Trees are in bloom and with that comes a coating of pollen on everything. Seasonal allergies have specific symptoms. The CDC add new COVID-19 symptoms. It is important not to confuse the two, so here is the facts from the mayo clinic.

